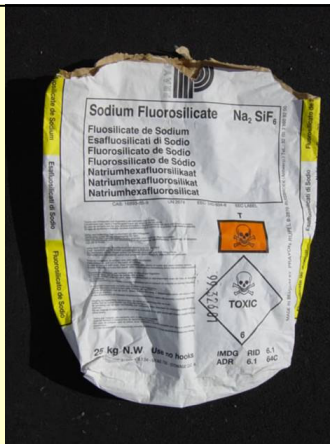


WOULD YOU DRINK TOXIC WASTE?

This product is **so toxic it is not allowed to be dumped into land, air or sea.**

But you are encouraged to drink it diluted through your water supply!



Fluoride used for fluoridation:

- ◆ is a toxic waste product of the phosphate fertiliser industry.
- ◆ is not food grade.
- ◆ is contaminated with Mercury, Arsenic, Lead, Cadmium and other heavy metals.
- ◆ is not the same as naturally occurring Calcium Fluoride.
- ◆ has **NEVER** been tested for human safety.

Some of this product comes from Belgium. Belgium won't permit fluoridation of its own water supplies and has banned the sale of fluoride supplements as a threat to health.

"There is more evidence against fluoridation than there was against DDT when it was banned!"

- The US Environment Working Group 2005.

The US National Research Council could find no safe level of fluoride in water (2006).

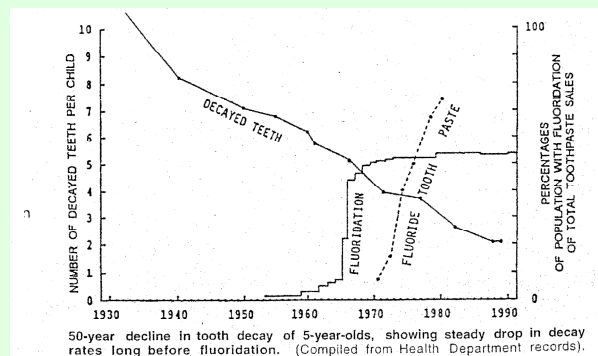
If in Doubt Leave Fluoride Out!

Health information sheet 1 of 3.
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FLUORIDATION—COLLAPSE OF A FANTASY

- ◆ **The latest internationally recognised research (Australia, 2004) showed ZERO benefit to the permanent teeth from fluoridation.**
- ◆ Timaru stopped fluoridation in 1985. Tooth decay fell from 3.75 to 1.63 by 2004 - less decay than any fluoridated South Island community.
- ◆ The 2004 South Island figures are **1.79** decayed missing or filled teeth (DMFT) in the **fluoridated areas** but only **1.62** in **unfluoridated areas**.
- ◆ **Why:** After 50 years does unfluoridated Napier still has less tooth decay than fluoridated Hastings ?!
- ◆ The Ministry of Health's own statistics confirm that there is no statistically or clinically significant difference in tooth decay in 12 year olds between fluoridated and unfluoridated NZ communities.
- ◆ The NZ dental Journal published a study in 1998 showing no significant difference in dental health where water was fluoridated AND that dental health had improved at the same rate in both fluoridated and unfluoridated areas since 1985.
- ◆ WHO recommend comparisons on 12 year olds as there is well-documented evidence that water fluoridation delays tooth eruption. Thus decay statistics for 5-or-6-year olds as used by promoters instead to show an illusory "benefit" that disappears by age 12.

Steady improvement in NZ dental health -



WOULD YOU SACRIFICE YOUR SON'S LIFE TO CANCER BECAUSE SOME PEOPLE WON'T BRUSH THEIR TEETH ?

Equating a child's death to osteosarcoma (bone cancer) with kids maybe having 1/2 a cavity less, there's no comparison.



Seth Vallentine, died at 17 from osteosarcoma - an 85% chance it was caused by water fluoridation.

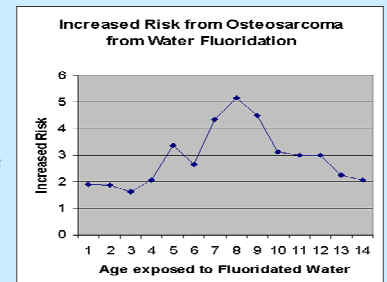


Tony Vallentine, Seth's father.

We trusted the local government's decision to fluoridate the water - that leaves a real knot in your stomach

- Seth Vallentine

- ◆ In May 2006 Dr Elise Bassin's research report revealed that boys (but not girls) who drank fluoridated water at age 6 to 10 were 500% to 700% more likely to develop osteosarcoma (bone cancer) in their later teens.
- ◆ This confirmed a similar result found by the New Jersey Health Department 10 years previously.
- ◆ No other study has contradicted these findings. All studies cited by promoters looked at fluoride exposure at the time of diagnosis or random exposure. These are irrelevant.



Fluoridation—its not worth the risk!

WHO DECIDES ON YOUR MEDICATION?

If you get sick, how do you decide on what medicine to take? Do you:

1. Ask your local Council to decide for you?
2. Seek a public referendum that binds you to that vote?
3. Ask your doctor about options and possible side effects?

Obvious? A 'no-brainer'?

Then why make a different choice when it comes to your teeth?

Would your doctor ever say 'take as much of this medication as you like, and don't ask me about side effects because I have never been trained to recognise them'?

Yet you cannot control your daily dose of fluoride when it is in the water supply. And doctors receive no training in recognising fluoride allergy, or poisoning from either short or long term exposure.

FLUORIDATION = UNCONTROLLED MASS MEDICATION WITHOUT CONSENT

The NZ Ministry of Health admits under the Official Information Act that perfectly reputable scientists hold a view opposing fluoridation, and there is legitimate scientific controversy, yet publicly denies controversy.

Rejected throughout Europe

- ◆ Belgium not only bans water fluoridation; its High Council for Health banned fluoride supplementation "because of health risks".
- ◆ Fluoridation is **illegal** in Sweden and Holland, and under the EU Constitution. There are no fluoridated countries in continental Europe.
- ◆ Many European countries cited the unethical nature of mass medication as a reason for rejecting fluoridation.
When will NZ wake up?

Health information sheet 3 of 3. Contact FANNZ www.fannz.org.nz; PO Box 9804 Marion Square, Wellington

HOW FLUORIDATION CAN HARM YOUR FAMILY

☞ **Are you hypersensitive to fluoride? Some people are allergic to fluoride** just like any other chemical or medication. Symptoms range from gastrointestinal problems, skin eruptions, eczema, headache and weakness (Physician's Desk Reference) to muscle spasm, chronic fatigue and in rare cases, eventual death. **Doctors are never trained in recognising fluoride toxicity!**

☞ **Bone and joint problems.** 50% of fluoride accumulates in the bones, affecting bone pathology causing skeletal fluorosis, arthritis and increased hip fracture, often fatal in the elderly. No public monitoring has ever been done. Early skeletal fluorosis, expected after 20 years of fluoridation, **will be misdiagnosed as arthritis** - rampant for the last 20 years.

☞ **Alzheimer's Fluoride and Aluminium.** These combined chemicals cause changes in the brain typically associated with Alzheimer's dementia (Varner 1998). They also cause G-Protein malfunctioning (Strunecka 2002), one protein being present in 50% of cancers.

☞ **Fluoride reduces thyroid activity.** The NRC review 2006 found the fluoridated water can definitely affect the thyroid in children with borderline iodine deficiency—common in NZ. This in turn can lower IQ.

☞ **Babies in danger.** Infant formula must never be made with fluoridated water, due to overdosing during the critical first year of life: American Dental Assn, Nov. 2006; NHMRC 1999. Fluoride tablets were banned for pregnant women by the US FDA in 1966.

☞ **Fluoride = Nerve Poison.** Fluoride is a potent enzyme inhibitor. Central Nervous System damage was demonstrated by Westendorf, 1975, Mullinax et al 1995 and Guan et al 2004.

☞ **Bone Cancer (Osteosarcoma):** has been linked to fluoride (American Medical Assn, 1993) and since confirmed by Bassin (2006) in boys drinking fluoridated water at ages 6 to 10. (See info sheet 3)

FLUORIDATION—POISON NOT PROTECTION!

Health information sheet 2 of 3.
Contact FANNZ www.fannz.org.nz; PO Box 9804 Marion Square, Wellington

INFANTS AT HIGH RISK FROM FLUORIDATION

Government warning:

Do not use fluoridated
water with infant milk
formula!



- ◆ On 8 November 2006 the American Dental Association (the ADA) and the US Government agency the Centers for Disease Control (CDC) recommended that infant formula not be made up with fluoridated water of 0.7 mg/litre or higher (as in fluoridated NZ communities), as this may result in **an increased risk of dental fluorosis**.
- ◆ "The issue isn't the infant formula itself, but the [fluoridated] water it's reconstituted with." these agencies have since clarified.
- ◆ The New Zealand standard for infant formula, (Standard 2.9.1) was based on the assumption that unfluoridated water would be used to make it up. Its associated report confirms the ADA's advice.
- ◆ The damage is done to both the "baby" and permanent teeth.
- ◆ **The highest risk is for the first 6 months, but extends up to 4 years of age.**
- ◆ Dental fluorosis is the **first outward sign of fluoride poisoning**. It also has the same psychological effect on children as overbite and crooked teeth.
- ◆ A baby drinking fluoridated formula can get 100 times as much fluoride as a breast fed baby. The mother's body selectively keeps fluoride out of breast milk to protect the newborn infant.

Keep our Children Safe from Fluoride!